

Your Consent & Agreement

Your clinician has discussed alinio clear aligners with you. This treatment can be very beneficial, leading to a more attractive smile and healthier, straighter teeth and. However, you should be aware that it also has its limitations and potential risks.

What are alinio clear aligners and how do they work?

Alinio clear aligners are transparent, removable appliances that fit over your own teeth applying pressure. They work by moving the teeth, little by little, until they reach the desired position.

Your alinio clear aligners are made by Precision @pfsdental, which houses a specialist orthodontic laboratory who are registered assessors of orthodontic treatment. We use sophisticated software to establish the ideal alignment for your teeth and the number of clear aligners needed to get there. Some patients may also need either composite bonded attachments and/or Interproximal Reduction (IPR) to achieve the required movements specified in the digital treatment plan, your clinician will discuss this with you.

Once you and your clinician have approved the treatment plan, and you have signed this consent form, Precision @pfsdental will produce aligners for each stage of your treatment.

How long will your treatment last?

Normally, you will work through a series of alinio aligners, wearing each for approximately 7-10 days at a time before switching to the next (its approximately 2 weeks for our night time aligners), and as directed by your clinician. The aligners will be individually numbered in order of use. The number of aligners will depend on your individual needs and your clinician's prescription.

You should wear your aligners for 22 hours per day, only removing them to eat, drink and brush your teeth.

In Treatment Review

During your treatment, it is important to have regular 'in treatment' reviews with your clinician. The timing and nature of which should be agreed with your clinician, however, it is recommended these should take place every 6-8 weeks, at a minimum. Patients may also require some further refinement aligners after the initial alinio clear aligner treatment has concluded.

Potential Risks

Any orthodontic treatment carries some element of risk. The potential risks involved in alinio clear aligner treatment are as follows:

- If you miss appointments or fail to wear your aligners as directed by your clinician, your treatment time may be longer and you may not get the result you desire.
- Your teeth can still continue to move after your treatment is complete. To prevent this, your clinician will advise on the correct type and use of a post-treatment retainer. It's important that you follow this advice.

- Your teeth may need some Interproximal Reduction (IPR), recontouring or reshaping to allow for tooth movement.
- You may experience some tenderness and/or soreness when switching to the next aligner in the series.
- Tooth decay, gum inflammation and other dental problems may arise if you don't brush and floss your teeth correctly during treatment or consume sugary food and drinks prior to wearing your aligners.
- Your speech may be temporarily affected by the aligners, though any impediment is likely to be minor and should disappear a week or two after treatment.
- The roots of the teeth may be shortened during treatment, which can affect the useful life of the teeth. In addition, the health of the bones and gums supporting the teeth may be affected. Although rare, some patients may also experience jaw problems, resulting in joint pain, ear problems or headaches.
- Teeth that have been significantly restored or traumatised in the past may be aggravated. In some cases, these teeth may need additional treatment or replacement. Crowns may become dislodged and need re-cementing or in some cases, replacing. Short clinical crowns can affect tooth movement.
- Allergic reactions can occur. Medical conditions and the use of medication can affect your treatment.
- Aligners are more prone to breakage if the patient has multiple missing teeth.
- Orthodontic appliances (or any small parts) can be dangerous if accidentally swallowed or aspirated.

Your consent

I have been given enough time to read the preceding information regarding alinio clear aligner treatment and I've had the opportunity to ask questions and discuss any concerns with my clinician. I understand the procedures and risks involved in my treatment. No assurances or guarantees regarding the outcome of my treatment have been made to me by my clinician, Precision @pfsdental, or any of its representatives. I understand that because orthodontics is not an exact science, it is impossible to guarantee the outcome of my treatment.

Print Name:	
Address:	
City:	
Postcode:	
Signature:	Date:
Signature of parent/guardian: (if patient is under 18 years)	Print Name: